

Ponoka Secondary Campus 6100 54 Street Ponoka, AB T4J 1N9 Phone: (403) 783-4411 Attendance Line: (403) 785-0741 Email: psc@wolfcreek.ab.ca Website: psc.wolfcreek.ab.ca

## February 26, 2020 - Principal's Message, Mrs. Kathy McTaggart



**We Are On Facebook -** We now have an official school Facebook page. Please follow "Ponoka Secondary Campus" to receive timely updates

## Info about Clubs and Sports:

Ski Trip - The last of the Canyon ski trips will be going tomorrow, Feb 27. Hoping for another gorgeous day!
Basketball - Junior high teams are almost complete with their last tournament scheduled for the first weekend in March. Our senior teams have their last home game this Monday March 2 staring at 6:00pm. Please come out and cheer them on!
Curling - Our high school men's team had a great bonspiel Feb 21/22, they finished 3rd overall and qualified for zones this weekend. Junior High Curlers have their bonspiel in Lacombe on March 19 (please note: date change).
Wrestling - Practices are still going Tuesday and Thursday after school; your child can still join if they are interested.
School Reach – Our PSC Team has completed their 1st competition. They won more matches than they lost and had a ball!

**Badminton** – Practices will begin Monday March 9. Grades 7 & 8's practice Mondays and Wednesdays from 3:30pm - 5:00pm and Grades 9-12 follow from 5:00pm - 6:30pm. Everyone can play so if your child is interested, please have them come to practice and get signed up.

## **Other Information:**

**Olds College Tours** - Wolf Creek has one on-campus visit left for students interested in Horticulture & Land Sciences (April 3). Students can apply to visit the campus and learn more about the programs offered. This is open to Grades 10-12 student. Please see Mrs. Slater to sign up.

**Grad News** - Thank you to everyone who participated in the flower fundraiser; forms and money are due in today. -The detailed grad timeline and commencement package has been emailed to all graduating students and parents. It is also available on the school website; if you have any questions please contact Krystal Adcock in the office.

WOW - GORD'S NO FRILLS PONOKA LOCATION is collecting donations for the

PC Children's Charity on behalf of the Ponoka Secondary Campus, Ponoka Elementary School and Mecca Glen School. These local schools receive generous support from the PC Children's Charity program which helps supply nutritious snacks for students throughout the year.



If you are wishing to donate, please stop by the local Gord's No Frills in Ponoka to make your donation!! Thank you to our amazing community.

**Invitation to a Parent Session at Ponoka Elementary -** The Ponoka Elementary School's Parent Council would like to extend an invite to our parents to join them tonight, Wednesday, Feb 26th at 7:00pm for a free presentation from Registered Psychologist, Tammy Auten-Dye on Self-Regulation: The Rollercoaster of our Emotions. See the attached poster for further details.

**Alberta Education Survey** - If your child is in Grades 7 or 10, you should have received a letter in the mail from Alberta Education asking you to fill out a survey on your child's education. This survey is very helpful in helping guide our decision making at the school level. Please take the 10 minutes to fill out this survey. As a bonus: if you let us know you completed the survey, we will enter your name into a draw for a family movie pass in Red Deer.

Pink Shirt Day - Today we are proud to support and celebrate Pink Shirt Day. Let's take a stand against bullying!

#### On Behalf of the Wolf Creek Board of Trustees Your Invited

Would like to extend an invitation to parents to attend an information session April 1st at Ecole Secondaire Lacombe Composite High School beginning at 6:30pm. At that time the Board of Trustees will be providing an overview of the proposed 2020-2021 budget for Wolf Creek Public Schools.

#### **Attendance - NEW POLICY**

Just a reminder about PSC's new attendance policy. When phoning in an absence please leave a detailed message on our attendance line (403) 785 -0741.

### High School Attendance - NEW POLICY – Semester 2

Student attendance will be monitored regularly by our administrators, and in the event:

- a. that a student reaches <u>5 absences total in any one class</u>, teachers will be contacting parents/guardians to have a conversation reiterating the need to attend.
- b. that a student reaches **10 absences total in any one class**, a parent/guardian meeting will be scheduled with an administrator to confirm importance and validate the necessity of student's attendance in class to be successful in the course. A plan will be developed between student/parent/administrator to improve attendance.
- c. that a student reaches **<u>15 absences total in any one class</u>**, a second Parent/Guardian meeting will be required with an administrator with the intention to re-evaluate the plan and outline additional supports to be put into place.
- d. that student reaches <u>20 absences total in any one class</u>, the student will be withdrawn from the traditional "in class" course. The student will then be enrolled in our Enhanced Learning Program to give students the opportunity to earn credits.

\*\* Please note that three lates constitutes one absence

#### Upcoming Dates:

Friday, March 6th - Staff Collaboration Day (no school for students & staff)
Tuesday, March 17th - School Reach Tournament @ Stettler
Wednesday, March 18th - Broncs World Tour Departs
Thursday, March 19th - Parent Teacher Interviews - 4:00 - 7:00 p.m.
Friday, March 20th - Staff Collaboration Day (no school for students & staff)
Monday, March 23rd - Spring Break Begins with students returning to class on Monday, March 30th
Saturday, March 28th - Broncs World Tour Arrives Home
Wednesday, April 1st - Parent Session with WCPS Board of Trustees @ 6:30 p.m. at Lacombe
Composite High School
Friday, April 3rd & Saturday, April 4th - PCS Musical, Alice In Wonderland
\*\* As Basketball comes to a close, please check the Athletics Calendar for details of League
Championship and CWAJHAA Tournament





Free Presentation Registered Psychologist Tammy Auten-Dye Wednesday Feb. 26th at 7:00 pm Ponoka Elementary School Everyone Welcome Brought to you by Parent Council

# Self- Regulation: The Rollercoaster Of Our Emotions

Children are emotionally driven. As they grow children learn how to manage their emotions and the actions/ behaviours that follow the those feelings. Some children struggle to learn this skill. This presentation will provide some information on what is happening for your child, as well as how to support your child in managing their emotional rollercoaster. Some concerns that can fall under the emotional regulation issues include ADHD/ ADD, children struggling with outbursts, anxiety, anger and impact of trauma.