



Ponoka Secondary Campus

6100 54 Street

Ponoka, Alberta

T4J 1N9

Phone: 403 783 4411

Attendance Line: 403 785 - 0741

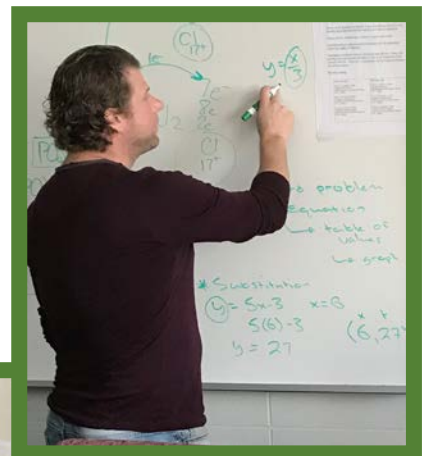
Fax: 403 783 5450

Website: <https://psc.wolfcreek.ab.ca>

Email: psc@wolfcreek.ab.ca

Junior High Registration Guide

2019 – 2020



WELCOME TO PONOKA SECONDARY CAMPUS,

a school that is working hard in ...

“Putting ALL Learners on Winning Streaks!”

At Ponoka Secondary Campus, our staff is dedicated to providing all the support necessary to make your transition as easy as possible from your existing school or grade to a new setting. We have programming designed specifically to provide opportunities and educational opportunities enabling students to get on a winning streak!

PSC BELIEF STATEMENTS

1. **We** believe effective schools foster a positive climate that focuses on the importance of learning and on the maintenance of a safe, orderly, supportive environment that values responsible citizenship as a top priority.
2. **We** believe effective schools provide a challenging curriculum with clear, high expectations and the opportunity for interdisciplinary education in order to prepare students for the real world.
3. **We** believe effective schools offer alternative educational settings which can be more responsive than the traditional settings to the educational needs of some students.
4. **We** believe effective schools consider a variety of scheduling options.
5. **We** believe effective schools promote co-curricular activities as an integral part of a student's education by providing opportunities that support and extend academic learning for all students.
6. **We** believe effective schools use a variety of assessments that are clearly aligned to standards.
7. **We** believe schools provide comprehensive and ongoing professional development for their staff.
8. **We** believe that effective schools initiate purposeful & planned transition activities for middle level and graduating students.
9. **We** believe effective schools make decisions concerning student learning and school operations collaboratively with students, teachers, administrators, families and community; which reflect best practice and are within policies established by board.

Ponoka Secondary Campus Administrative Team



Principal, Mrs. Kathy McTaggart

- Responsible for all aspects of the school
- Instructional Leadership of staff
- Collaborates with all staff on vision and programs at PSC
- Coordinates all events in the school
- Responsible for all scheduling, human resources and budgeting activities
- Coordinator for our Off-Campus programming including:
 - Work Experience
 - RAP
 - Green Certificate
 - Dual Credit
 - Distance Learning Programming

Assistant Principal

- Responsible for student issues/discipline in all grades
- Assist in planning/vision for PSC
- Facilities/maintenance of PSC
- Exam administrator for High School including Diplomas
- Health and safety regulations
- Responsible for coordination of Special Events
- Coordination of Special Education Program & Educational Assistants
- Provincial Achievement Exam administrator



Administrative Support Team



Mrs. Susan Rodwell
Admin Assistant



Mrs. Krystal Adcock
Admin Assistant



Mrs. Nicole Berg
Accounting Clerk

PSC Office Hours

8:00 a.m. – 4:00 p.m.

Phone: 403 783 – 4411

Fax: 403 783 – 5450

Attendance Line:

403 785 - 0741

<http://psc.wolfcreek.ab.ca>

Student Services Team



School Social Worker, Mrs. Carmen Rodwell

- Emotional and personal support for our students
- Mediation for student issues (bullying, cyber bullying, conflict, personal issues, etc)
- Meetings with at-risk youth
- Advocate for students and families
- Youth Court Representative



First Nations Metis & Inuit Student Success Lead Teacher, Mr. Adrian Paolinelli

- Implement interventions for student success as identified
- Provide transition, academic and attendance support to students as required
- Act as Liaison between school and home to increase communication
- Continue to build relationships to ensure a sense of belonging is being developed
- Provide guidance through registration process, class scheduling and assessing learning plans so students will achieve success in classes



Inclusion Coach, Mr. DeeJay Bowoade

- Review ALL IPP/APP in school
- Reviews all cumulative files each year
- Identification and testing of students
- Assists teachers with inclusive practices
- Coordinates IPP meetings with Parents & Teachers



Academic & Career Advisor, Mrs. Rhonda Slater

- Responsible for registration and orientation of ALL new students
- Assists students with all areas of career and academic planning
- Assists with student programming to ensure students will be successful in his/her academic stream
- Responsible for scheduling and timetable changes, post-secondary planning, scholarships, student finance, work search assistance
- Responsible for Scholarships/Awards and financial planning

Teacher Advisor Program

All students have one characteristic in common ...the basic need to belong to a group (Glasser).

❖ **The Teacher Advisor class fosters positive relationships with a caring staff member who will advocate for students in educational and school related matters.**

❖ **This environment is for students to have a safe supportive adult to talk to.**

- Students will be grouped by grade and the student will follow the Teacher Advisor through his/her education at PSC with the same student/Teacher Advisor grouping
- Taking a genuine interest in the student and inquiring about their personal characteristics, interests and experiences
- Make referrals to Admin, Academic Counseling, School Social Worker, Alert Team for issues that arise with student
- Celebrate student accomplishments that occur in & outside of school activities with class and administration
- Monthly collaborative meeting with other staff to track and monitor TA students

❖ **Teacher Advisors will meet weekly with each student to help schedule for effective use of time.**

- This will be done during TA
- Short term goal setting with students
- Review and discussion of attendance
- Review and discussion of marks
- Guide students to take ownership of their learning



❖ **Teacher Advisors will promote communication between the home and school.**

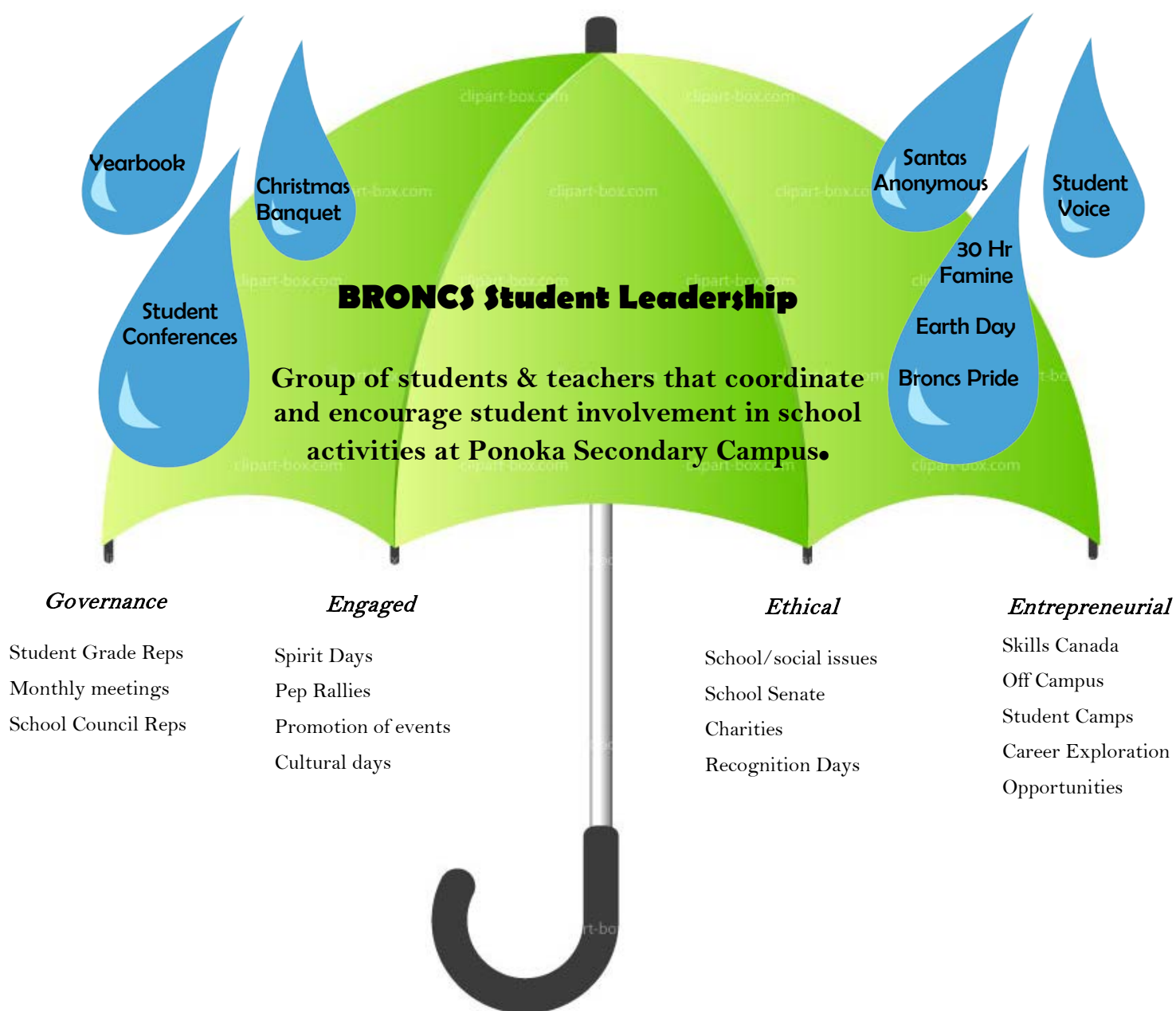
- TA teachers will be the first contact parents will have if student attendance and academics are amiss
- Promote parent and student use of the Ponoka Secondary Campus website and parent portal
- Registration meetings and signup with Parents
- Parent contact meetings for signing of IPP/APP

❖ **Teacher Advisors will help students plan for their future.**

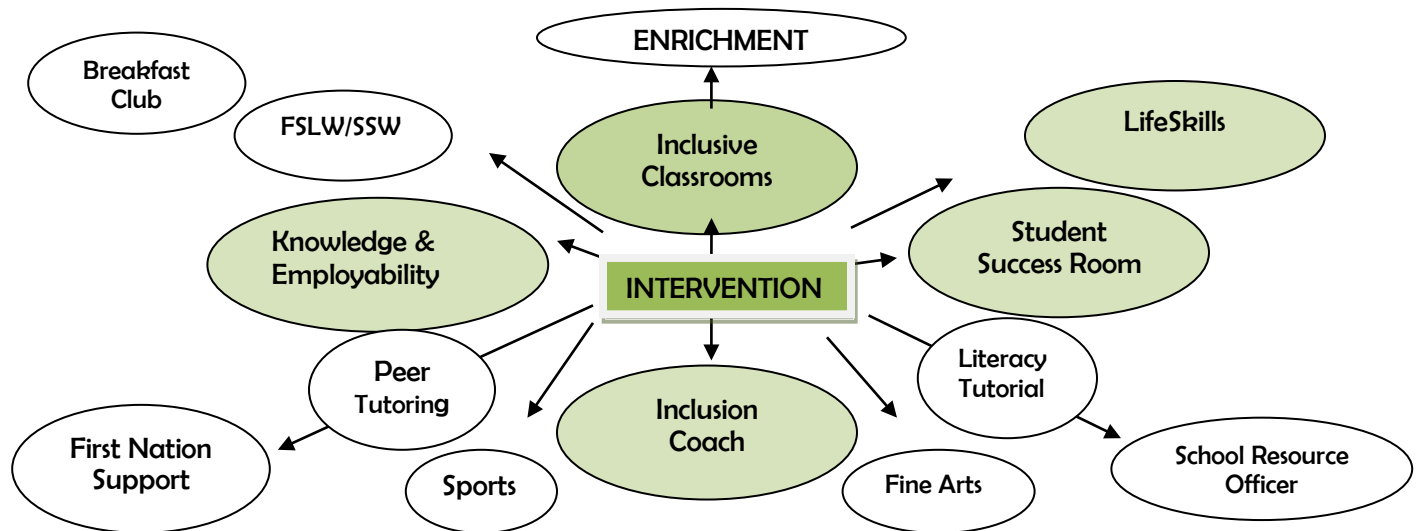
- Guide students in using "My BluePrint" for self-discovery and learning styles.
- Help students discover their strengths in terms of academics, career opportunities and choices.
- Investigate post-secondary placements, requirements and planning.

LITERACY PROGRAM

Students will be given assessments periodically throughout the year and sorted into appropriate literacy groups for a period of time to work on a specific skill that needs extra work. These blocks of time will be very specific to skills needed. Examples include: reading for comprehension, reading rate, analytic reading, sentence structure, work on punctuation, spelling, and reading tips for specific subject areas. Time blocks will also be used to build skills in the broader sense of literacy such as language development and technological literacy. Grouping will fluctuate through the year as needs change, as will the topics being covered. *35 minutes four times per week will be dedicated to increasing overall literacy skills.*



INTERVENTION PROGRAMMING



An Intervention Program is an educational program that is modified for those students who have learning differences, or specific physical or developmental disabilities. At PSC, we believe that all children can learn and reach their full potential if they are given the opportunity, effective teaching, and appropriate resources. Founded on this belief, students at PSC have access to a full range of learning experiences and environments. Please contact our office if you require any additional information.

Inclusive Education

At PSC we believe that students with disabilities should be part of age-appropriate general education classes as much as possible. All students have access to the full range of appropriate learning experiences and environments. Every student:

- Is a member of an age-appropriate education class with support.
- Progresses through the grades according to the same pattern as students without special needs.
- Marches at graduation at the average age at which other classmates without disabilities graduate.
- Receives a Certificate of Achievement when discharged from special programming.
- Supplied with supports (ie accommodations and adaptations) as necessary.
- Is included in classes, courses, clubs, and extracurricular activities.
- Is included in regular programming as much as possible, especially in terms of options or PhysEd courses.
- Name is on all class lists, list of groups put on the board, job lists, advisor program, etc.

- Participates in classroom and school routines with everyone.
- Attends classes with other students, arriving and leaving at the same time.
- Participates in whole class discussions, board work, small group work, etc.
- Participates in school plays, field trips, and community service activities.

Curriculum and programming are designed to accommodate the full range of student diversity. Student support is individualized to enable students to participate and make progress with their individual goals. Junior High Programming is highly inclusive. Students participate in the general education class with support of Educational Assistants. In High School CTS courses and PhysEd supports are put in place as necessary; core programming is divided into a possible five different streaming options.



The purpose of the **Intervention Coach** is to support at risk students who have emotional/behavioural/academic challenges that require close adult supervision, high levels of structure and other intensive support services and skill building in order to function successfully in an educational setting.

The Intervention Coach provides intensive support for these students through:

- ✓ One-on-One interaction
- ✓ Academic coordination and behavioural planning with the classroom teachers,

Educational Assistants, School Social Worker, Probation Officers, & Mental Health Workers.

- ✓ Academic Support
- ✓ Monitoring and tracking behaviour and attendance
- ✓ Appropriate timetabling
- ✓ Skill training for behaviour issues
- ✓ Social issues support
- ✓ Guidance with school and family related issues
- ✓ Regular communication between home and school
- ✓ Academic testing and a liaison for specialized services



Teachers strive to do everything possible to be proactive and work with students and families to ensure a high level of learning while adapting to student needs.

TECHNOLOGY REQUIREMENT

Students at Ponoka Secondary Campus make extensive use of technology in their course work and everyday lives. **Students are encouraged to have an internet capable device which would be capable of working with the Google platform.** Students will have the option to purchase a Chromebook from Wolf Creek Public Schools



Technology will be used for instruction every day. Student work will be accessed through their personal Google account via the internet. Students will also be able to access their digital files from any other computer at home by logging into their online account. Students will be able to collaborate with their classmates and teachers and all work saved to their account will be accessible to them anytime and anywhere, as long as they have an internet connection.

Students may bring in their personally owned devices. Examples of these would include an iPad, Netbooks, and Laptop. Google Apps will be a key part of instruction and learning and students will be expected to use this platform. Please ensure devices are able to run “Chrome” web browser.

HOMEWORK

- Expect regular homework from your child.
- It's possible to “study smarter, not harder”. Students who have difficulties with study skills can get help from their teachers and through Teacher Advisor classes.
- We see school as being a student's “job”. Be sure that any after school work does not interfere with their number one job!
- Students always have work to do. If all assignments are completed and well done, there is always studying that can be done.

**HOMEWORK CLUB IS AVAILABLE TO ALL
STUDENTS EVERY TUESDAY, FROM
3:30 P.M. TO 5:00 P.M.**

SCHOOL FEES

Course Fees are due and payable at the end of September and again at the end of February. Course fees are non-refundable. While we prefer using the online RYCOR program (through the PowerSchool Parent Portal), fees can be paid using cash, cheque, debit card, Visa/MasterCard. Fees may be waived/adjusted for qualifying families. Please call the office in inquire.

PLEASE NOTE: Grade 12 students with outstanding fee balances will not be eligible for Grad/Banquet Tickets.

ASSESSMENT

Your child's learning is assessed using a variety of tools and strategies within the classroom. The different assessment methods tell you and your child's teachers about your child's strengths, the areas in which they might grow and how well your child is doing throughout their courses. Your child's teachers can then change or refine their teaching plans to ensure that learning activities better meet the needs of your child. At the end of each course, your child is assessed and their achievement is reported so that you know if they have achieved the expected learning outcomes for their grade. Parents/guardians play an integral role in your child's education by providing the encouragement and support he or she needs to succeed.



Ponoka Secondary Campus uses the PowerSchool Portal which is secure web-based student management system designed to strengthen communication between the

school and home. This online portal is accessible anywhere on the web that parents/students can log in to see in one place their grades, assignments, scores, attendance, schedules, school bulletins, registration, pay school fees and make purchases from the school directly from their portal account. Login information is provided to parents/guardians/students at the beginning of your child's education at PSC and remains the same throughout your child's school career.

ENGLISH LANGUAGE ARTS

The mission of PSC English is to create a learning community that fosters an appreciation of the necessity of clear, effective communication in all facets of life. In doing so, this community will guide learners in their analysis and creation of a wide variety of texts, placing a high value on excellence and recognition of an individual's own choices and thought processes.

Language Arts 7

Grade 7 students extend their understanding by finding different ways to express ideas, such as through magazine ads or brochures. They analyze how story lines progress, considering settings and characters and make notes using headings, subheadings or symbols. Students will develop and learn;

- To comprehend various kinds of texts;
- To communicate clearly;
- To manage ideas and information
- To explore thoughts and ideas
- To respect and support others.

Language Arts 8

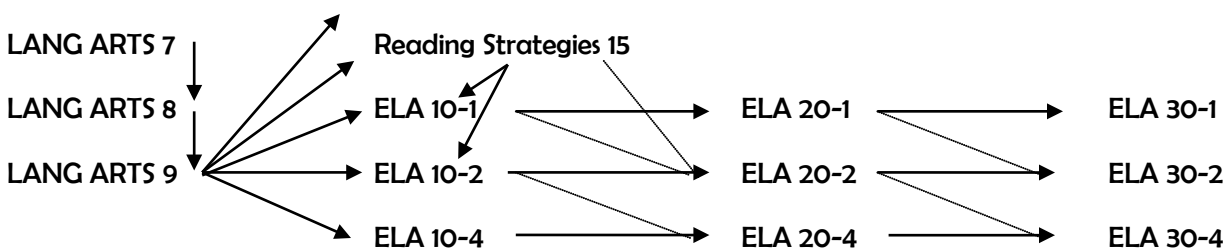
Students will create their own texts, including oral, print and visual texts, as they develop listening and speaking, reading and writing, viewing and representing and inquiry and research skills. Students will also continue from Grade 7 Language Arts to develop and learn the above five skills sets.

The MORE
that you read,
the MORE things
you will know.
The MORE that you
Learn,
the MORE places you'll go.



Language Arts 9

This course builds on the learning skills developed in Language Arts 7 & 8 and further develops students' skills in the six language arts: reading, writing, speaking, listening, viewing, and representing. The course promotes active student participation in a balanced program; however, there is an emphasis on organization of ideas and critical thinking skills in preparation for more advanced high school English courses.



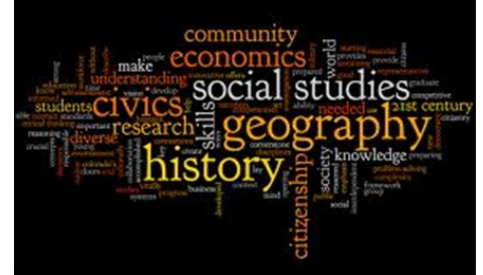
SOCIAL STUDIES

Social Studies 7

The student will explore the people and events that led to Canadian Confederation, and the major changes in Canadian life since then that have shaped citizenship and identity in our diverse society.

Social Studies 8

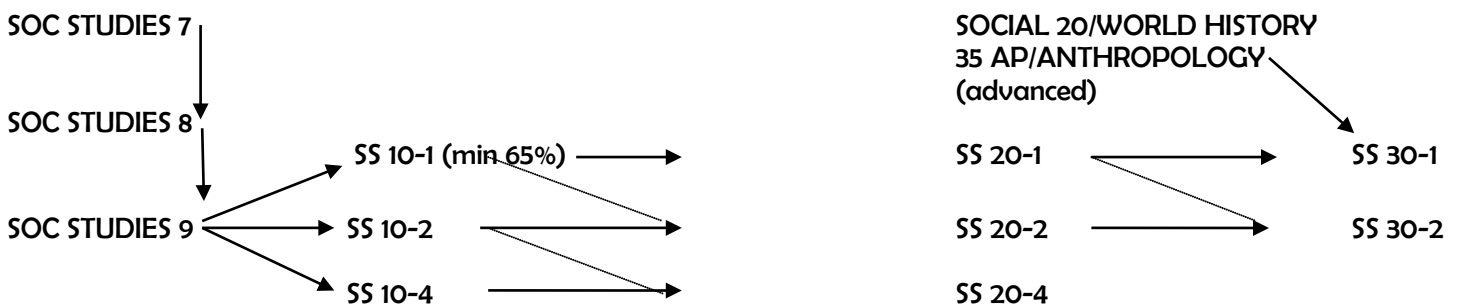
Contact between societies that view the world in different ways has shaped our world. Through inquiry, the student will reflect on his/her own worldview and assess the influence that the past has on the present. By examining historical examples drawn from Japan, Renaissance Europe and Spanish and Aztec societies, the student will better understand how contact between societies can lead to change.



Social Studies 9

In Grade 9 Social Studies, you will encounter issues that have impacts on citizenship and identity. Issues present opportunities and challenges for building a society in which all Canadians belong, and in which everyone has a good quality of life. Opportunities and challenges arise because people in Canada respond to issues differently, based on their individual and collective identities. This year, you will explore how responding to issues affects your quality of life. You will also explore how it involves perspectives of groups, points of view of individuals, and rights. The issues at the center of your investigation will come from two key issues:

- Issues for Canadians: Governance & Rights
- Issues for Canadians: Economic Systems in Canada & the USA



MATHEMATICS

Math 7

Students will connect numbers and shapes to their everyday life and continue to explore ways to solve problems.

They'll use tables, graphs, equations and words to explain number patterns that they observe around them. Students will also create personal strategies to add and subtract fractions and integers.

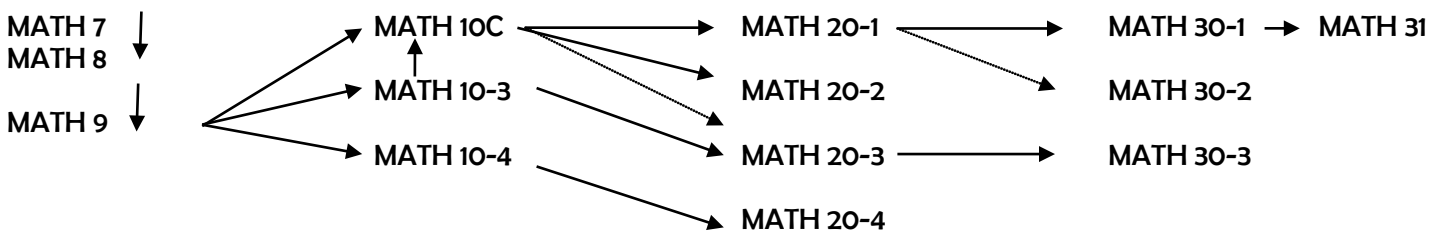
ALL Jr. High Students
will be required to
have their own
scientific calculator.

Math 8

Students will solve a range of mathematical problems involving elements like surface area, volume, the Pythagorean theorem, per cents, ratios and rates. It is important that they continue to use their own strategies to multiply and divide fractions and integers. Students model and solve algebraic equations, and they connect numbers and shapes to their everyday lives.

Math 9

- Numbers (Square Roots, Exponents)
- Patterns and Equations
- Polynomials
- Trigonometry
- Geometry
- Transformations
- Data Analysis & Probability



SCIENCES

Science 7

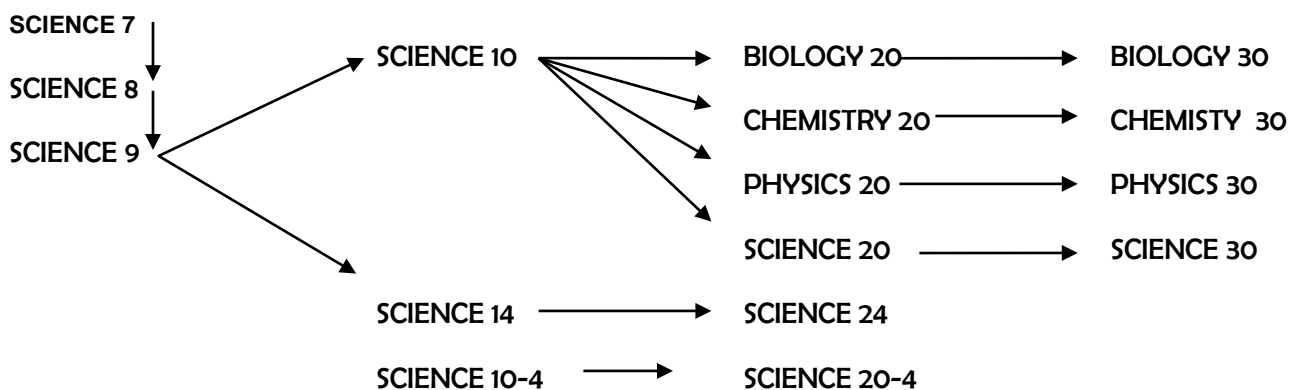
Students will begin the study of energy, matter and forces and analyze and communicate understandings of Earth and its ecosystems. Grade 7 science focuses on the science and technology related knowledge and skills your child needs in order to solve problems and make decisions about social and environmental issues.

Science 8

Students apply this Grade 9 science vocabulary as they investigate machines and the human body. They experiment with liquids and gases to interpret their uses in everyday situations, and they learn how light travels through different materials and how vision works.

Science 9

Science 9 covers 5 major topics which will prepare students for Science 10 and also give them a brief sample of the topics covered in biology, chemistry and physics at the gr. 11 level. Successful completion of this course will prepare students for Science 10.

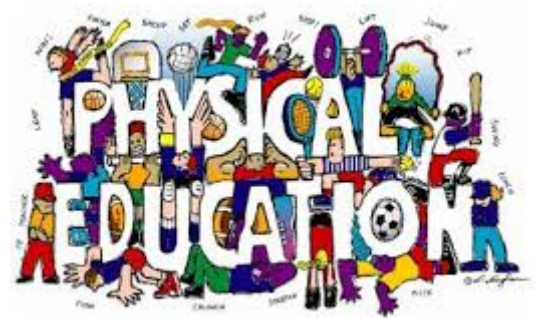


PHYSICAL EDUCATION

Ponoka Secondary Campus physical education develops lifelong skills, attitudes and personal characteristics which will set them up for successful healthy living lifestyles.

Through a wide variety of on and off campus activities students will focus and be assessed on the following 10 Outcomes:

- A) Developing skills and strategies
- B) Having cardiovascular and functional fitness
- C) Showing sportsmanship and fair play
- D) Cooperating and being on task
- E) Including and supporting others
- F) Being trustworthy and responsible
- G) Being punctual and prepared
- H) Demonstrating hard work and being tenacious
- I) Challenging self and improving



Students will be assessed on a 10 point scale:

- 1-2 At risk of not meeting outcomes
- 3-4 Needs to change actions, behavior, attitude or get help to get better
- 5-6 Successfully performing at the level expected
- 7-8 Performing at a level slightly better than expected
- 9-10 Far exceeds what is expected and is doing exceptional

Physical Education 7-10 is mandatory and is needed to meet graduation requirements.

Please note *

Students are required to change into appropriate gym strip as well as need indoor running shoes. Any injuries which require non-participation lasting longer than 3 classes require a medical note

Grade 7, 8 & 9 students will also have a Health and Life component incorporated into the PhysEd Program. Students will become aware that they need to show more responsibility in their grooming, organization, study habits and relationships with others. More than ever, students will see who they are and what they believe. They will begin to understand what it means to keep good relationships and make choices that help them a long way into the future.

JUNIOR HIGH OPTIONS

Alberta Education has implemented Career & Technology Foundation courses to students in Grades 7 – 9 that allows students to explore their interests and passions to gain experience with the Career & Technology Studies during their high school career.

Through CTF, students explore their interests and passions as they learn about various career possibilities and occupational areas. Challenges or tasks provide students with an opportunity to develop critical thinking, collaboration and communication skills. Hands-on learning helps students develop skills and knowledge and use technologies associated with various occupational areas.

The following is a list of CTF courses that have approved to be offered at PSC for the upcoming school year. In addition, to core subjects (Math, Language Arts, Social Studies, Science and Physical Education), Jr High students will be offered six (6) CTF options in our school year.



CTF Clusters and Occupational Areas

Grade 7, 8, and 9 students ARE REQUIRED TO have a full time school program. Please be aware that the school reserves the right to cancel any of the CTF courses offered due to limited enrolment.

Art 1	Learn basic drawing skills and techniques through a variety of drawing and painting media. Students will create several 2D pieces of art as well as one 3D sculpture.
Art 2	Build on your skills and techniques gained in Art 1 through the creation of several 2D pieces and one 3D sculpture. Projects and media differ from those completed in Art 1 as well as increase in size and scope.
Bus Ed 1	Students will build upon their basic knowledge of business to allow them to become more proficient when using associated software.
Bus Ed 2	In this course students will begin to learn basic coding. They will learn how to read\write code and then will apply this knowledge to coding activities ranging from online (Hour of Code) to programming robots through a variety of simple to complex tasks.
Singing & Piano 1	Introduction to singing in a group with some basic piano skills
Singing & Piano 2	Students will develop their singing and piano skills further and be challenged with songs of increasing difficulty.
Guitar/Ukulele 1	Introducing some common chord shapes and Riffs together with right hand rhythm patterns.
Guitar/Ukulele 2	Students will learn new and more advanced material and be introduced to more complex rhythms and fingerpicking
Tourism: Home & Abroad 1	In this course we will explore the world! Through research, documentaries, world news, and personal travel experience, we will dive into the world of travel and tourism. We cover topics like How to travel on a budget, what types of jobs are available in tourism, safe countries and unsafe countries to visit, Student exchange possibilities, humanitarian trips, volunteer vacations, benefits of being a good host (air bnb)and much more.
Tourism: Home & Abroad 2	Take your tourism knowledge to the next level. We will discuss historical travel, traveling to learn about history, travel with a purpose, and the impact the travel industry has on our environment. There will be Guest speakers and small Projects.
Model House Building 1	Design your dream house! Using computers research and design, build a model house that would make all your dreams come true! You're only limits are your imagination...and if the house will stand up!
Model House Building 2	Use "sticks and stones" to create an accurate scale and design home of the future. Explore alternative power sources such as solar and heating systems to make your house completely self sufficient
Culinary Art 1	Students will be introduced to basic appliances (blender, frying pan and microwave) and learn how to make simple recipes that can easily be used for home.
Culinary Art 2	Students will be introduced to the world of grilling and have fun cooking food on our outdoor BBQs.

Digital Art 1	This course will explore the art of basic video production. Students will learn the basics of video camera work and develop storyboards as they plan to create their own short video productions. There will be a combination of individual and group projects that the students will be required to complete.
Digital Art 2	Students will explore the art of digital photography and photo editing! This course is an introduction to capturing well composed digital photos, editing various aspects of your photos, and technical basics of your digital camera.
Drama 1 (Acting)	The primary objectives for drama are to enhance student confidence and imagination through active expression. Students will explore character, creativity, through acting games, and script work. We will work on scenes and short plays in this course.
Drama 2 (Acting 2)	In this class, students will build upon previously learned skills to portray more compelling characters and complex scenes. Students will focus on realistic acting, commanding audience attention, and developing a stage presence. We will work on a short play in this course.
Flight 1	This course will apply and test the many principles at work for aircraft and rocket applications. Projects will include gliders; propeller powered balsa aircraft as well as air and bottle rockets.
Flight 2	This option will further challenge students in more intricate aircraft and rocket designs as well as hot air balloon and kites.
Foods 1	This option is an introduction to the kitchen and food safety practices. Students will become familiar and confident working as a team and preparing basic recipes
Foods 2	Students will build on the basic skills they have learned in Foods 1 and try out more complex recipes. When finished this option they will have a skill set that prepares them for Foods 10.
Hair, Skin & Makeup Basics 1	History of hair, hair through the ages, and how to do anyone's hair so it looks awesome. Students get an opportunity to make their own skin care products, essential oil blends and learn how to use them every day. We will learn basic hair skills and makeup application nail painting and massage. As well as other dimensions of health and healing for self.
Hair, Skin & Makeup Basics 2	Take it to the next level. Learn some skills for competing in Skills Canada, do some basic coloring and cutting. This class offers the opportunity for an insider look at the industry (potential field trips!) Students will also get an opportunity to make their own skin care products, essential oil blends and learn how to use them every day. We will learn basic hair skills and makeup application nail painting and massage. As well as other dimensions of health and healing for self. medicine wheel, circle talk time etc.
Improv 1	In this course we will learn the fundamentals of improvisation. We will focus on various games and exercises that encourage thinking on your feet, trust, communication, character, and agreement (saying yes).
Improv 2	In this course we will build on the improvisation skills we learned previously. We will get deeper into character work, relationships, raising the stakes, and making bold choices on the stage.
Metal 1	Students will be covering hand tool use, project planning, measurement and layout, some power tool use, and safety in the metals lab. Students will be completing a number of projects from a variety of different metalworking areas, including sheet metal, bar and tubular stock, machining and soldering/brazing. Previous Industrial Arts experience helpful, but not necessary.
Metal 2	Students will be completing a number of projects from a variety of different welding and metal work areas. Students will learn general shop safety, hand tool use, power tool use, project planning, measurement and layout. Students will also learn welding safety and basic procedures in Stick (SMAW), MIG (GMAW), and Oxyacetylene welding/brazing. Students may also be introduced to forging and/or foundry basics as well
Native Art 1	This option class will introduce students to a number of different art forms common to our aboriginal history. Activities will include wood burning, wood carving, sand art, soap carving and introductory beading.
Native Art 2	This option will further our exploration into aboriginal art. Beading and leather work will be the main focus.
Passion for Fashion 1	Learn to be more confident! Discover your fashion style! Appreciate your natural beauty! Experiment and learn how to use beauty products.
Passion for Fashion 2	In this option students will further their exploration of the world of fashion and the development of their own personal style. They will have opportunity to create hands on fashion projects and take a close look at the fashion industry.
Alternative Health & Fitness	Ever wonder what you could take instead of an Aspirin? Learn how to use natural foods and oils to maintain good health, try the oriental exercise of Tae Bo and Tai Chi, as well as learn how to set up your own fitness program, decrease your stress through yoga as well as many other personal directed health and wellness activities.

Alternative Health & Fitness	Learn about chiropractic, physiotherapy, acupuncture as well as other non-traditional methods for maintaining good health. Put together and use newly learned knowledge to develop a fitness program that suits YOU and then put your health and fitness first!
Plastics 1	This option will introduce students to the world of working with acrylic plastic. Activities will include the design and manufacture of rings, a jewelry box and ornamental figures.
Plastics 2	More challenging plastic projects await students in the option. Some of the projects will include cell phone stands, single dimensional images and three dimensional designs.
Sculpture 1	Students will learn basic clay hand building techniques, paper mâché, plaster and wire sculpture techniques through the creation of several 3D pieces of art.
Sculpture 2	Students will expand on their skills gained in Sculpture 1 by completing projects that are larger in scale and more technical. Students will create 2 clay sculptures (one decorative and one functional), as well as complete 2 additional 3D pieces of art.
Taking Charge 1	What IS a good leader? What personality characteristics do good leaders have? What do good leaders do differently than others? This course will look at the parts and pieces of leadership and how to be a good leader. Students will look at themselves as well as be exposed to some of the great leaders in politics, sports, arts and history.
Taking Charge 2	Students will continue on their exploration of leadership by identifying their own leadership styles as well as applying personal strengths and skills to specific leadership opportunities such as organizing small group activities for younger grades.
Transportation Tech 1	This option has a focus on the design, engineering and construction processes that take place to bring an automobile to life. Students will construct and race co2 powered dragsters and air cars.
Transportation Tech 2	This option will continue to challenge students in the design and construction of co2 powered model vehicles. Students will construct and test custom cruisers (hot rods) and/or formula one cars.
Zombie Survival 1	Prepare yourself for World War Z! Learn how to start a fire without a lighter, map your way through an unfamiliar city, use morse code to communicate without wifi as well as prepare your very own survival kit!
Zombie Survival 2	Now that you've survived for a while, Level 2 will teach you how to build a survival shelter, how to get water, learn about foods you can eat, learn how to use a compass as well as some basic military tactics to keep you and your friends safe!
Wood Working 1	Learn how to use basic tools to create projects out of wood. Make a custom bedroom lamp, a computer printed 3d wood sign and a cutting board while learning skills that you will use for your entire lifetime!
Wood Working 2	Fire up the machines as what you learned in woods one allows you to explore many power tools and build your very own Adirondack chair to enjoy hours in the sun!

Students will select options every 6 weeks on a rotating basis.

Level 1's are for Grade 7 & 8 students

Level 2's are for Grade 8 & 9 students



PONOKA SECONDARY CAMPUS has partnered with **myBlueprint** to provide your child with an engaging and interactive online education and career planning program.



myBlueprint Education Planner (7-12) includes a number of beneficial resources to support your child as they progress through high school, including:

- ✓ **Who Am I** – 6 unique assessments for self-exploration and discovery (including Learning Styles, Myers-Briggs Personality, Holland Interests, Knowledge, Motivations, and Compatibility)
- ✓ **High School** – A tool to visually plan courses, track progress toward graduation, and instantly identify post-secondary eligibility for opportunities in all pathways
- ✓ **Post-Secondary** – A database to explore post-secondary opportunities and compare detailed information on apprenticeships, college programs, university programs and workplace sectors across Canada
- ✓ **Goals** – An interactive goal setting tool to set S.M.A.R.T. goals and action plans
- ✓ **Occupations** – A database of over 500 occupations to compare comprehensive information on jobs
- ✓ **Resumes & Cover Letters** – Interactive tools to record personal experiences, build resumes and write cover letters
- ✓ **Money** – An engaging budget-making tool to help students track income and expenses and develop financial literacy
- ✓ **Job Search** – A tool to explore real-world job postings that relate to occupations of interest
- ✓ **Portfolios** – A portfolio builder to create multiple portfolios and share it with parents, teachers, or future employers

To explore the features of **myBlueprint**, you can create a **Parent Account** and link to your child's account. With direct access from home, you can get more informed and involved with your child's education, and support your child in making the most informed decisions for their future.

To create your **Parent Account**, follow these simple steps:

1. Visit **www.myBlueprint.ca**
2. In the blue **New User** box, enter your child's school Activation Key **PONOKA** and click **Create Account**
3. Click **Not a Student? Teachers, Counsellors, and Parents sign up here**
4. Select **Parent/Guardian/Advisor**
5. Fill out the sign up form

You can prepare yourself to succeed in your studies - Try to develop and appreciate the following habits:

- **Take responsibility for yourself**
Recognize that in order to succeed you need to make decisions about your priorities, your time, and your resources
- **Center yourself around your values and principles**
Don't let friends and acquaintances dictate what you consider important
- **Put first things first**
Follow up on the priorities you have set for yourself, and don't let others, or other interests, distract you from your goals
- **Discover your key productivity periods and places**
Morning, afternoon, or evening?
Find spaces where you can be the most focused and productive.
Prioritize these for your most difficult study challenges
- **Consider yourself in a win-win situation**
When you contribute your best to a class, you, your fellow students, and even your teacher will benefit. Your grade can then be one additional check on your performance
- **First understand others, then attempt to be understood**
When you have an issue with an instructor (a questionable grade, an assignment deadline, etc.) put yourself in the instructor's place. Now ask yourself how you can best make your argument given his/her situation
- **Look for better solutions to problems**
For example, if you don't understand the course material, don't just re-read it. Try something else! Consult with the teacher, a tutor, an academic advisor, a classmate, a study group, or your school's study skills center
- **Look to continually challenge yourself**



GRADE 7 & GRADE 8 SCHEDULE			
8:40 - 9:20	(40 min)	CORE 7	CORE 8
9:20 - 10:00	(40 min)	CORE 7	CORE 8
10:00 - 10:35	(35 min)	LITERACY	
10:35 - 11:40	(5 min)	Wellness Break	
10:40 - 11:20	(40 min)	CORE 7	CORE 8
11:20 - 12:00	(40 min)	CORE 7	CORE 8
12:00 - 12:40	(40 min)	LUNCH	
12:40 - 1:20	(40 min)	PHYS ED 7	CORE 8/HEALTH
1:20 - 2:00	(40 min)	CORE 7/HEALTH	PHYS ED 8
2:00 - 2:05	(5 min)	Wellness Break	
2:05 - 2:45	(40 min)	OPTION	OPTION
2:45 - 3:25	(40 min)		

GRADE 9 SCHEDULE			
Block A	8:40 - 10:00 (80 min)	Sem 1 CORE (i.e SS)	Sem 2 CORE (i.e. Soc)
	10:00 - 10:35 (35 min)	LITERACY	
Wellness Break	10:35 - 10:40 (5 min)		
Block B	10:40 - 12:00 (80 min)	CORE (i.e. PhysEd)	CORE (i.e. LA)
	12:00 - 12:40 (40 min)	LUNCH	
Block C	12:40 - 2:00 (80 min)	CORE (i.e. LA)	CORE (i.e. Math)
Wellness Break	2:00 - 2:05 (5 min)		
Options	2:05 - 3:25 (80 min)	OPTION	OPTION