

## GRADE 7 & GRADE 8 SCHEDULE

8:40 - 9:20	(40 min)	CORE 7	CORE 8
9:20 - 10:00	(40 min)	CORE 7	CORE 8
10:00 - 10:40	(40 min)	LITERACY	
10:40 - 11:20	(40 min)	CORE 7	CORE 8
11:20 - 12:00	(40 min)	CORE 7	CORE 8
12:00 - 12:40	(40 min)	LUNCH	
12:40 - 1:20	(40 min)	PHYS ED 7	CORE 8/HEALTH
1:20 - 2:00	(40 min)	CORE 7/HEALTH	PHYS ED 8
2:00 - 2:05	(5 min)	Wellness Break	
2:05 - 2:45	(40 min)	OPTION	OPTION
2:45 - 3:25	(40 min)		

## GRADE 9 SCHEDULE

Block A	8:40 - 10:00	(80 min)	Sem 1 CORE (i.e. SS)	Sem 2 CORE (i.e. Soc)
LITERACY	10:00 - 10:40	(40 min)	LITERACY	
Block B	10:40 - 12:00	(80 min)	CORE (i.e. PhysEd)	CORE (i.e. LA)
	12:00 - 12:40	(40 min)	LUNCH	
Block C	12:40 - 2:00	(80 min)	CORE (i.e. LA)	CORE (i.e. Math)
Wellness Break	2:00 - 2:05	(5 min)	OPTION	OPTION
Options	2:05 - 3:25	(80 min)		

## Grade 10 11 & 12 - High School

Block A	8:40 - 10:00	(80 min)
WIN (Tues-Fri) TA (Monday)	10:00 - 10:40	(40 min)
Block B	10:40 - 12:00	(80 min)
LUNCH	12:00 - 12:40	(40 min)
Block C	12:40 - 2:00	(80 min)
Wellness Break	2:00 - 2:05	(5 min)
Block D	2:05 - 3:25	(80 min)



**PONOKA**  
**SECONDARY**  
**CAMPUS**