

## Dear Parents and Guardians:

As the Alberta Government continues to loosen restrictions, we are happy to be able to once again offer some after school Broncs athletic activities!

Starting **February 22nd**, we will be running badminton from **3:30-5:00pm** for both junior and senior high students. As per mandated government rules, (see back of sheet) we will be limiting our groups to 9 students plus one staff member per group. Students will need to wear masks unless actually playing, and will also need to be aware of, and follow, physical distancing protocols. We will provide racquets to students that do not have their own. Unfortunately, at this time, our changerooms will not be available so students should wear loose fitting and comfortable clothing on days they have practices.

### Here are the details

- Start Feb 22 - March 25 (possible continuing dates April 7-30th)
- After school 3:30-5:00pm on assigned days
- No cost
- First 9 students to sign up in each group- 3 alternates allowed\*
- Racquets provided, although personal racquets preferred
- All students must have/wear masks
- Personal water bottle encouraged
- Signed Broncs extracurricular permission form and communicable disease waivers required

\*alternates will fill in and replace anyone who misses practices.



Each day of the week is a separate group, although Gr 9-12 will depend on number of students (if low numbers, gr. 9-12 may come on two nights)

	NORTH COURTS	SOUTH COURTS
MON	Gr. 9-12	7/8 dbls/mxd
TUES	7/8 dbls/mxd	7/8 sgls
WED	Gr. 9-12	7/8 sgls
THURS	Gr. 9-12	7/8 dbls/mxd

It is unlikely we will be able to compete against other schools at this time, however, we are excited to be working with students to develop their skills for the future as well as provide some exercise and fun for everyone!

*Please fill out the attached permission form and waiver, as well as return this form indicating your preference of night, and your partner's name.*

*Give to COACH CHAPMAN in the GYM please*

### Please indicate your 1st and 2nd preferred practice times.

#### Gr 9-12

Monday \_\_\_\_\_, Wednesday \_\_\_\_\_ Thursday \_\_\_\_\_

#### Gr. 7/8

Monday \_\_\_\_\_, Tuesday Dbl/Mxd \_\_\_\_\_, Sngls \_\_\_\_\_, Wednesday \_\_\_\_\_, Thursday \_\_\_\_\_

Student Name: \_\_\_\_\_ Grade \_\_\_\_\_ Partner \_\_\_\_\_

## Governments of Alberta memo re: Group physical activities

Children and youth will be allowed to participate in limited group activities.

- Lessons, practices and physical conditioning activities are allowed for indoor and outdoor minor sports/activities and school athletics (for example, school sport activities that are outside of a physical education class or related part of the school curriculum).
- Games are not allowed.
- Maximum of 10 total individuals, including all coaches, trainers, and participants.
- Physical distancing must be maintained between participants at all times:
  - 3-metres physical distance for indoor activities
  - 2-metres physical distance for outdoor activities
  - coaches or trainers may enter physical distancing space for brief interactions with participants (for example, to correct form or technique)
- Participants must be masked at all times, except during the training activity. Coaches and trainers must remain masked at all times.
- Access to change rooms must be limited, including accelerated arrival and departure, emergencies (for example, first aid) and washroom use.



Form 491-1  
v. 2018

## RELEASE AND WAIVER OF LIABILITY AGREEMENT EXTRACURRICULAR ACTIVITY

### Warning:

By signing this agreement you give up your right to bring a court action to recover compensation for yourself or your child for any property, injury or death arising out of you or your child's participation in the extracurricular activity identified in this agreement.

Name of Extracurricular Activity: <b>BRONCS BADMINTON</b>
Name of Participant:
Name of School: <b>PONOKA SECONDARY CAMPUS</b>

### Preliminary Understanding:

<p>As a participant, I agree to the following conditions:</p> <ol style="list-style-type: none"><li>1. I/we the undersigned acknowledge and agree that while the above named participant will participate in the extracurricular activity specified above at Ponoka Secondary Campus School (the school) or the location known as Ponoka, Alberta.</li><li>2. I/we have full knowledge of the nature and extent of the risks and hazards associated with the extracurricular activity the particulars of which include but are not limited to:<ol style="list-style-type: none"><li>a. Injuries from contact with other participants, equipment, or fixtures;</li><li>b. Injuries resulting from strain to muscles, and joints associated with engaging in the extracurricular activity;</li><li>c. Injuries resulting from physical exertion associated with engaging in the extracurricular activity;</li><li>d. Injuries arising from pre-existing conditions that are aggravated by engaging in the extracurricular activity;</li><li>e. Injuries resulting from transportation or travelling to and from the extracurricular activity; and</li><li>f. Any other risks associated with the extracurricular activity which are listed in Schedule A to this agreement.</li></ol></li><li>3. I/we are aware that the extracurricular activity has inherent risks and hazards and freely and voluntarily assume all risks and hazards inherent in the extracurricular activity whether reasonably foreseeable or not.</li><li>4. I/we understand that if a teacher is not present, a screened volunteer will be authorized to act as an agent of the Division and have the appropriate skills necessary to undertake the extracurricular activity.</li></ol>
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**Release and Waiver of Liability:**

In consideration of the participant's participation in the extracurricular activity, whether the activity occurs during school hours, after school hours, or at any other time:

1. I/we the participant, and in the case of a participant who is a minor, the parent(s)/legal guardian(s) of the participant agrees to release, indemnify and save harmless the Board of Wolf Creek School Division No. 72, its trustees, employees, agents, insurers, and volunteers (collectively referred to as the 'named persons') and each of them individually against and from all actions, claims and demands which may be brought against the above named persons by or on behalf of the participant in respect of or arising out of the injury or the death of the participant or damage to or loss of property belonging to the participant howsoever arising or caused, including because of the negligence of any of the named persons.
2. I/we the participant, and in the case of a participant who is a minor, the parent(s)/legal guardian(s) of the participant, shall indemnify the named persons of and from any and all liabilities, damages, costs, expenses (including all legal fees and disbursements, on a full indemnity basis), claims, demands, payments, suits and actions brought by any third parties against the named persons, either individually or as a group, arising out of the participants participation in the extra curricular activity.
3. I/we acknowledge that I/we have read and understand all of the contents of this agreement, having taken note of specifically the warning stated above, and intend to be legally bound to the contents of this agreement in so signing it on this \_\_\_\_ day of \_\_\_\_\_, 20\_\_.

\_\_\_\_\_  
Signature of participant

\_\_\_\_\_  
Date (YYYY/MM/DD)

***The following signatures are mandatory for participants under the age of 18 years:***

\_\_\_\_\_  
Name of parent/legal guardian

\_\_\_\_\_  
Signature of parent/legal guardian

\_\_\_\_\_  
Name of parent/legal guardian

\_\_\_\_\_  
Signature of parent/legal guardian

# **COMMUNICABLE DISEASE**

## **LIABILITY RELEASE AND WAIVER**

**WARNING: BY SIGNING THIS AGREEMENT YOU GIVE UP YOUR RIGHT TO BRING A COURT ACTION TO RECOVER COMPENSATION FOR YOURSELF OR YOUR CHILD FOR ANY INJURY OR DEATH OF YOU OR YOUR CHILD OR DAMAGE TO ANY PROPERTY CAUSED BY COMMUNICABLE DISEASE CONTRACTED DUE TO YOUR CHILD'S PARTICIPATION IN THE SPORT, PHYSICAL ACTIVITY, RECREATION (THE ACTIVITY) IDENTIFIED BELOW.**

**NAME OF ACTIVITY:** 2020-21 Broncs Athletics

**NAME OF PARTICIPANT:**

**NAME OF SCHOOL:** Ponoka Secondary Campus

The Government of Alberta has ordered and published recommendations, guidelines, and some prohibitions regarding sport, physical activity and recreation (the Provincial Guidelines) with the goal of limiting transmission of the COVID 19 virus from person-to-person through respiratory droplets, or other means. Wolf Creek School Division (the Board) has directed all schools permitting school-based sport, physical activity and recreation to follow all Provincial Guidelines. Ponoka Secondary Campus will adhere to and observe all Provincial Guidelines in respect of sport, physical activity and recreation offered through the school.

Notwithstanding Ponoka Secondary Campus' adherence to the Provincial Guidelines, there is a risk that participants may be exposed to and contract a communicable disease including but not limited to COVID 19.

In addition to any other waiver and release that the Participant, or the Participant's parents/ guardians, may have signed, in consideration for participation in sport, physical activity and recreation (Broncs Athletics) offered at Ponoka Secondary Campus the Participant, and in the case of a Participant who is a minor the Participant's parent(s)/legal guardian(s), agrees with the Board as follows:

- The Participant is aware that there is a risk of contracting a communicable disease, including but not limited to Influenza, MRSA, or COVID-19, which may cause injury or illness, including paralysis or death, as a result of the Participant's participation in Broncs Athletics.
- The Participant has not exhibited symptoms of fever, fatigue, difficulty in breathing, dry cough or any other symptoms identified in the any public health order of Alberta's Chief Medical Officer of Health as being related to COVID-19 or any communicable disease within the last 14 days.
- The Participant agrees to refrain from participation in Broncs Athletics activities immediately upon developing symptoms of fever, fatigue, difficulty in breathing, dry cough or any other symptoms identified in the any public health order of Alberta's Chief Medical Officer of Health as being related to COVID-19 or any communicable disease until such time as the Participant's symptoms have resolved and otherwise in accordance with all public health orders in force in the province of Alberta.
- Neither the Participant or any member(s) of the Participant's household have traveled internationally within the past 30 days.
- The Participant is fully and personally responsible for the Participant's own safety and actions while participating in Broncs Athletics and the Participant recognizes that participation in Broncs Athletics may put the Participant at increased risk of contracting COVID-19 or other communicable disease.

- With full knowledge of the risks involved, the Participant, and in the case of a Participant who is a minor the Participant's parent(s)/legal guardian(s), hereby release the Board its employees, elected trustees, servants, agents and insurers (the Releasees) from any and all liabilities, claims, demands, actions, and causes of action whatsoever, directly or indirectly, arising out of or related to any loss, damage, injury, or death, that may be sustained related to, or arising from, or following the Participant contracting any communicable disease, including COVID-19, as a result of the Participant's participation in Broncs Athletics including the contracting of a communicable disease resulting from the negligence of any of the Releasees.
  
- By signing below, the Participant, and in the case of a Participant who is a minor, the Participant's parent(s)/legal guardian(s), agree and acknowledge that:
  - I/we have read the foregoing Liability Release Waiver and understand its contents;
  
  - I/we am/are fully competent to give my consent;
  
  - that I/we have sought and received adequate independent advice, including legal advice, as I/we believe is necessary or have voluntarily decided against seeking such advice;
  
  - I/we have been sufficiently informed of the risks associated with the Participant's participation in Broncs Athletics; and
  
  - I/we agree freely and voluntarily agree to be bound by the terms of this agreement.
  
- **This waiver will remain effective for the 2020 – 2021 school year.**



Date	
Participant Name	
Participant's Signature <small>(if Participant is 18 years of age or older)</small>	
Parent/Guardian Name	
Parent/Guardian Signature <small>(if participant is under 18 years of age)</small>	
Parent/Guardian Contact Telephone Number	